

“Offers the most advanced, science-based methods for diagnosing, treating, and managing opioid addiction . . . With comprehensive and continuing care, full recovery is now an expectable result.”

—from the Foreword by **A. Thomas McLellan, PhD**, Emeritus, Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania and Former Deputy Director of the White House Office of National Drug Control Policy

Drug overdoses are now the leading cause of death for Americans under the age of 50, claiming more lives than the AIDs epidemic did at its peak. Opioid abuse accounts for two-thirds of these overdoses, with over 100 Americans dying from opioid overdoses every day.

Now *Overcoming Opioid Addiction* provides a comprehensive medical guide for opioid use disorder (OUD) sufferers, their loved ones, clinicians, and other professionals. Here is expertly presented, urgently needed information and guidance, including:

- Why treating OUD is unlike treating any other form of drug dependency
- The science that underlies addiction to opioids, and a clear analysis of why this epidemic has become so deadly
- The different stages and effective methods of treatment, including detoxification vs. maintenance medications, as well as behavioral therapies
- How to deal with relapses and how to thrive despite OUD
- Plus a chapter tailored to families with crucial, potentially life-saving information, such as how to select the best treatment program, manage medications, and reverse an overdose.



Adam Bisaga, MD, is an addiction psychiatrist, clinician, researcher, and professor of psychiatry at Columbia University. He conducts research on new treatments for opioid addiction and oversees a national program that mentors physicians treating opioid addictions. He is a UN expert involved in international addiction training and program development. **Karen Chernyaev** has written or edited numerous books on health and wellness.

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ISBN-13: 978-1-61519-458-2

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